

Me, Parkinson's and My Family

Gloria S Friedman

607-731-4967

Gloria@gsfriedman.com

Southern Tier Parkinson's Group - April 2017

Valencia Shores Parkinson's Group - Jan-Feb 2017

Goals for today's talk

Communication with our children

Communication with our primary caregiver

What happens when primary caregiver becomes ill or is unavailable

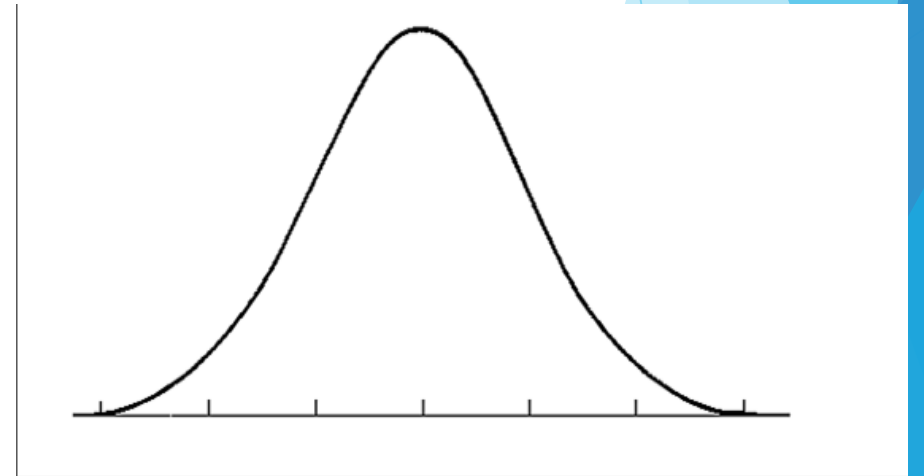
Long term planning

- Care
- Financial

Other issues?

Role of our children in Parkinson's care

**Life is a bell curve:
We raise our children but
At some point it turns around
and they take care of us**



Our children

Are probably raising their own children

Might live in another city

Were probably not around to observe initial symptoms

Assume that “we will be there forever”

Our children need:

Parkinson's
information

To know that
"every case is
different"

To understand that
this is degenerative

To understand that
the "caregiver"
often needs more
help than the PWP

To understand
medicines and
schedules

To know what to do
if PWP is in hospital

To know family
finances, etc.

Primary Caregiver

Expectations

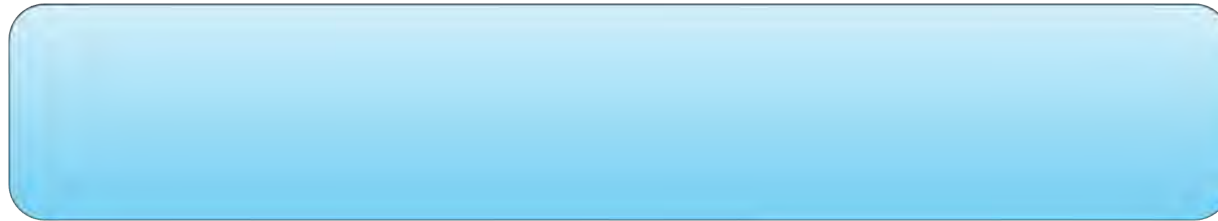
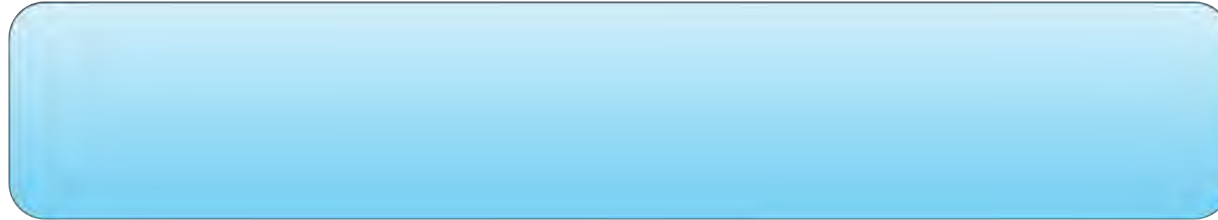
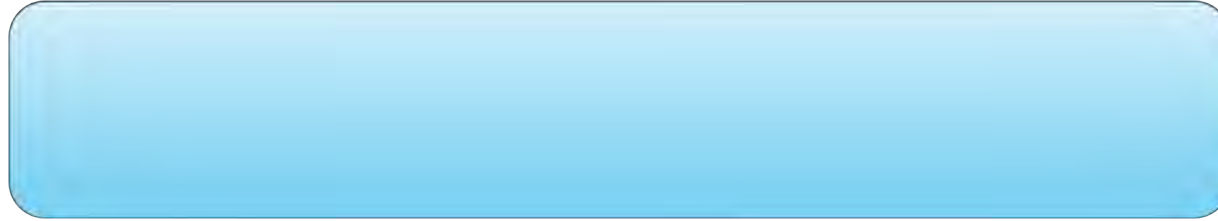
Communication

Contingency Plans

Knowing when
you need help

What works for
someone else might
not work for you

Backup Plans



Long Term Planning

Long term care insurance (or not)

- Home care
- Facility care

Take over of roles from PWP

Role of children

Finances, estate, etc.

QUESTIONS / DISCUSSION

