

Parkinson's Update

Review of New Publications

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Valencia Shores Parkinson's Group -

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New Publications



Resources Order Form

To place your order, return this form to the address at the bottom of the page, call 1-800-4PD-INFO (473-4636), or email: helpline@parkinson.org

English

Books

- What You and Your Family Should Know
- Medications
- Caring and Coping
- Mood (NEW!)
- Cognition (NEW!)
- Managing parkinson's Mid-Stride (NEW!)
- Fitness Counts
- Nutrition Matters
- Speech and Swallowing
- Guide to Deep Brain Stimulation
- Psychosis

- Helpline Postcard 1-800-4PD-INFO
- Parkinson Report (newsletter)
- About NPF (brochure)
- Medical Alert Card
- 10 Early Warning Signs of PD (brochure)
- Aware in Care Hospitalization Kit

Español

Libros

- Lo que usted y su familia deben saber
- Medicamentos
- Estar en forma cuenta
- El cuidado y la adaptación necesaria
- Mente, estado de ánimo y memoria
- Enfermedad de Parkinson en su etapa avanzada

- 1-800-4PD-INFO Línea de Ayuda (postal)
- 1-800-4PD-INFO Línea de Ayuda (postal)
- la enfermedad de Parkinson (folleto)
- Aware in Care kit para hospitalización

For support group leaders, health care centers, etc.;

- Aware in Care poster
- Aware in Care postcard (pack of 25)
- CareMAP postcard (pack of 25)

Name: _____ Phone Number: _____

Organization: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Check here if you do not wish to receive information and mailing from NPF.

If you don't have an Aware in Care kit, I highly recommend you order one

New Publications

Managing Parkinson's Mid-Stride



Caring and Coping (updated)



Mood



Cognition



Psychosis



Psychosis

Oldest of the new publications (2016)

Good glossary of terms

- Explains how they relate to PD and non PD conditions

Tips for caregivers

Medicines that might be prescribed and how they might interact with PD medicines

Mood

Definition: temporary state of mind or generalized feeling

Can be at any stage of the disease

Definitions of Depression, Anxiety, Pain, etc. and how they relate to PD and non PD conditions

Tips for caregivers

Treatments

Coping strategies

Managing Parkinson's Mid-Stride

No two cases are alike

Stage where controlling symptoms gets more difficult

Needing more help

- For both caregiver and person with PD

Possible new medical solutions

Non Motor Symptoms

Advice to exercise and keep mentally active

Caring and Coping

- For caregivers - updated 2016
- Tipsheets and Worksheets
- Practical advise to balance roles
- Determining when you need outside help
- What to expect as disease progresses
- What NOT to do

QUESTIONS / DISCUSSION

Ask the Doctor: Michael S. Okun, M.D., and Daniel Martinez-Ramirez, M.D., answer medical questions regarding Parkinson's disease and related matters.

<http://www.Parkinson.org>

<http://www.parkinson.org/find-help/ask-the-doctor-forums>



Parkinson's HelpLine

- Available at **(800) 457-6676** or info@pdf.org
- Monday through Friday
- 9:00 AM – 5:00 PM ET